03/26/16	
03/20/10	
LEGS FOR LIFE 2016	
LEGS FOR LIFE 2010	
Individual Finish Order	
1. Adam Unverfehrt(28)	17:47.00
2. Brooks Harlan(13)	18:12.10
3. Cory Fleeman(13)	18:49.40
4. Gavin Cass(16)	19:39.20
5. Cooper Chamberlain(14)	20:41.10
6. Jared. Brothers(14)	20:51.80
7. Kyle Walker(29)	20:55.20
8. Carson True(11)	21:18.10
9. Jill Witte(37)	21:53.10
10. Andy Ruff(31)	22:06.30
11. Paul Jensen(20)	22:12.60
12. Michael Crouch(53)	22:14.50
13. Stephen Krenz(47)	22:21.50
14. Glen Saeger(45)	22:27.90
15. Richard Santiago(46)	22:46.10
16. Brendan Phillips(12)	22:48.10
17. Anna Krenz(16)	22:54.30
18. Blake Lammers(11)	22:56.80
19. Nick Whritenour(18)	22:57.60
20. Rylan Crane(12)	22:59.70
21. Hunter Pollock(16)	23:23.40
22. Carter Mayer(12)	23:25.60
23. Augusto Vidalle(17)	23:28.60
24. Pam Campbell(57)	23:38.80
25. Cory Crane(36)	23:46.40
26. Kevin Pryor(38)	23:50.30

27. Jason McKinney(42)	23:56.40
28. Matt Williams(18)	24:04.40
29. Gary Hake(54)	24:11.50
30. Mathew Yardley(30)	24:21.40
31. Pete Orr(54)	24:27.60
32. Colton Albers(17)	24:31.00
33. Kent White(25)	24:39.60
34. Dan Dobbs(55)	24:41.00
35. Kristina Unverfehrt(27)	24:52.40
36. Tricia Higgins(40)	24:57.90
37. Jim Martin(52)	25:00.50
38. Matt Zelasko(18)	25:05.90
39. Brady Barry(48)	25:14.30
40. David Mattmiller(51)	25:14.70
41. Webb Eastham(52)	25:17.80
42. Dawson Berry(17)	25:23.00
43. Luke Phillips(38)	25:27.20
44. Kaela Kiefer(21)	25:29.60
45. Kaleb Meyer(16)	25:33.00
46. Roy Haake(68)	25:34.30
47. Jarrod Heltsley(31)	25:49.10
48. Nolan Beggs(17)	25:50.00
49. Sean Cary(18)	25:50.80
50. Thomas Armer(17)	25:53.6.
51. Dave Klein(55)	25:56.90
52. Christie Gajewski(40)	26:01.00
53. Nick Haake(37)	26:04.50
54. Kelly Gzregorek(44)	26:05.10
55. Todd Bauer(32)	26:10.50
56. Sean Nehrt(45)	26:14.50
57. Sophie Eastham(13)	26:22.20
58. Denny Wuehler(70)	26:22.70
59. Shaelyn Tate(21)	26:36.30
60. Jay Luse(49)	26:49.70
61. Angie Owens(51)	26:52.80

62. Miki McAdoo(41)	27:19.10
63. Justin Profancik(34)	27:46.80
64. Justin Enriquez(27)	28:15.10
65. Carrie Hancock(36)	28:21.40
66. Cayden Lusch(10)	28:23.30
67. Beth Crane(37)	28:45.40
68. Blake Nehrt(13)	28:51.50
69. Courtney Mattmiller(27)	28:52.60
70. Erin King(36)	28:58.50
71. Allison Lammers(08)	29:03.60
72. Tammy Saeger(42)	29:35.70
73. Jennifer Miller(30)	29:39.60
74. Jake Holtkamp(22)	30:03.90
75. Tyler Bruce(20)	30:05.70
76. Sherry Hoagland(46)	30:06.50
77. Kasei Kuhns(31)	30:31.10
78. Michael Redman(12)	30:36.00
79. Kevin Childers(58)	30:37.40
80. Erica Redman(39)	30:38.20
81. Anita Cook(55)	30:45.90
82. David Albers(59)	31:06.20
83. Laura Henderson(39)	31:16.30
84. Kelsie Koger(25)	31:32.90
85. Leah Enriquez(25)	31:34.50
86. Josh Hoh(16)	32:04.10
87. Perry Schefelker(68)	32:08.90
88. Sheila Sodsaikitch(52)	32:39.00
89. Scott Lynn(45)	33:30.20
90. Barbara Barr(63)	33:49.50
91. Jake Brothers(18)	34:17.50
92. Austin Johnson(16)	34:18.00
93. Kaitlyn Mayer(15)	34:19.50
94. Bart Toennies(44)	34:23.00
95. Sherri Lynn(41)	34:24.60
96. Jennifer Venable(42)	35:07.20

97. Caroline Tate(49)	35:25.90
98. Jessica Carter(35)	35:30.80
99. Christina Hanson(32)	35:38.60
100. Brady Crane(9)	35:45.9.
101. Linda Shubert(58)	36:06.00
102. John Barr(64)	36:52.40
103. Joan Williams(62)	37:50.40
104. Sue Williams(60)	38:44.90
105. Tim Staley(44)	39:04.30
106. Nicholas Hanson(13)	39:11.50
107. Vanessa White(25)	39:12.80
108. Heather Gunther(30)	39:41.80
109. Amanda Haring(30)	39:42.20
110. Michele McMillan(55)	39:49.70
111. Courtney Faulkner(31)	40:17.00
112. Nancy Sprehe(60)	40:26.10
113. Christy Wacker(37)	40:45.00
114. Janie Zimmerman(40)	40:45.50
115. Taylor Daniels(20)	41:04.90
116. Terri Mackey(59)	41:20.40
117. Marian Kiefer(60)	41:57.60
118. Jenna Lammers(30)	42:12.40
119. Rich Davis(48)	42:23.60
120. Martina Davis(33)	42:27.30
121. Brooke Lopez(35)	42:41.60
122. Charles. Wiley(52)	43:46.60
123. Larry Shook(61)	44:00.10
124. Hayden Hanson(7)	44:03.40
125. Weston Hanson(31)	44:03.80
126. Karen Brothers(46)	44:43.70
127. Jeff Brothers(46)	44:44.10
128. Susan Brinkmeyer(63)	46:55.70
129. Bob Yardley(57)	47:26.60
130. Jordan Coffey(28)	47:30.60
131. Tyson Coffey(25)	47:31.80

132. Rose Aldag-McVey(51)	47:47.80
133. Bonnie Kohrmann(55)	47:48.60
134. Randall Hill(72)	48:30.40
135. Emily Collier(34)	48:39.00
136. Teresa Ballantyne(48)	49:28.30
137. Kay White(68)	49:56.30
138. Jami Hodges(26)	49:57.60
139. Dorothy Cates(52)	49:58.40
140. Rhonda Garland(46)	49:59.30
141. Pat Hodges(61)	50:01.40
142. Brenda Hodges(60)	50:01.90
143. Sandy Gadel(58)	50:17.50
144. Fawn Gadel(34)	50:18.50
145. Jeff Ballantyne(59)	51:28.70
146. Lisa Koger(53)	52:55.00
147. Karen Campbell(65)	52:55.60
148. Mary Walker(59)	53:09.60
149. Don Walker(61)	53:11.90
150. Melissa Tellefsen(44)	53:23.5.
151. Brad Haege(34)	53:58.30
152. Julia Haege(35)	54:00.1.

2016 L4L Women

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WOMEN'S ROAD RACE

LEGS FOR LIFE 2016 AT CENTRALIA

03/26/16

1. Jill Witte(37), 21:53.1; 2. Anna Krenz(16), 22:54.3; 3. Pam Campbell(57), 23:38.8

Womens 5K 2016

WOMEN'S 5k 10-U

FIN NAME 1. Allison Lammers (08)

RESULTS 29:03.6

WOMEN'S 5k 11-14

FIN NAME

1. Sophie Eastham (13)

RESULTS 26:22.2

WOMEN'S 5k 15-19

FIN NAME

RESULTS

1. Kaitlyn Mayer (15)

34:19.5

WOMEN'S 5k 20-24

FIN	NAME	RESULTS
	Kaela Kiefer (21)	25:29.6
	Shaelyn Tate (21)	26:36.3
3.	Taylor Daniels (20)	41:04.9

WOMEN'S 5k 25-29

FIN NAME RESULTS Kristina Unverfehrt (27) 24:52.4 2. Courtney Mattmiller (27) 28:52.6 3. Kelsie Koger (25) 31:32.9

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		2016 L4L Women
4.	Leah Enriquez (25)	31:34.5
5.	Vanessa White (25)	39:12.8
6.	Jami Hodges (26)	49:57.6

WOMEN'S 5k 30-34

FIN	NAME	RESULTS
1.	Jennifer Miller (30)	29:39.6
2.	Kasei Kuhns (31)	30:31.1
3.	Christina Hanson (32)	35:38.6
4.	Heather Gunther (30)	39:41.8
5.	Amanda Haring (30)	39:42.2
6.	Courtney Faulkner (31)	40:17.0
7.	Jenna Lammers (30)	42:12.4
8.	Martina Davis (33)	42:27.3
9.	Emily Collier (34)	48:39.0
10.	Fawn Gadel (34)	50:18.5

WOMEN'S 5k 35-39

FIN	NAME	RESULTS
1.	Carrie Hancock (36)	28:21.4
2.	Beth Crane (37)	28:45.4
3.	Erin King (36)	28:58.5
4.	Erica Redman (39)	30:38.2
5.	Laura Henderson (39)	31:16.3
6.	Jessica Carter (35)	35:30.8
7.	Christy Wacker (37)	40:45.0
8.	Brooke Lopez (35)	42:41.6
10.	Julia Haege (35)	54:00.1

WOMEN'S 5k 40-44

FIN	NAME	RESULTS
1.	Tricia Higgins (40)	24:57.9
	Christie Gajewski (40)	26:01.0
3.	Kelly Gzregorek (44)	26:05.1
	Miki McAdoo (41)	27:19.1
5.	Tammy Saeger (42)	29:35.7
6.	Sherri Lynn (41)	34:24.6
7.	Jennifer Venable (42)	35:07.2
8.	Janie Zimmerman (40)	40:45.5

2016 L4L Women 9. Melissa Tellefsen (44) 53:23.5 WOMEN'S 5k 45-49 FIN NAME **RESULTS** 1. Sherry Hoagland (46) 30:06.5 Caroline Tate (49) Karen Brothers (46) 35:25.9 44:43.7 4. Teresa Ballantyne (48) 49:28.3 5. Rhonda Garland (46) 49:59.3 WOMEN'S 5k 50-54 FIN NAME **RESULTS** 1. Angie Owens (51) 26:52.8 2. Sheila Sodsaikitch (52) 32:39.0 3. Rose Aldag-McVey (51) 47:47.8 4. Dorothy Cates (52) 49:58.4 5. Lisa Koger (53) 52:55.0 WOMEN'S 5k 55-59 FIN NAME **RESULTS** 1. Anita Cook (55) 30:45.9 2. Linda Shubert (58) 36:06.0 Michele McMillan (55) 39:49.7 4. Terri Mackey (59) 41:20.4 5. Bonnie Kohrmann (55) 47:48.6 6. Sandy Gadel (58) 50:17.5 7. Mary Walker (59) 53:09.6 WOMEN'S 5K 60-A FIN NAME **RESULTS** 1. Barbara Barr (63) 33:49.5 2. Joan Williams (62) 37:50.4 3. Sue Williams (60) 38:44.9 4. Nancy Sprehe (60) 40:26.1 5. Marian Kiefer (60) 41:57.6 6. Susan Brinkmeyer (63) 46:55.7 7. Kay White (68) 49:56.3

2016 L4L Women

Brenda Hodges (60)
 Karen Campbell (65)

50:01.9 52:55.6

2016 L4L Men

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MEN'S ROAD RACE

LEGS FOR LIFE 2016 AT CENTRALIA

03/26/16

1. Adam Unverfehrt(28), 17:47.0; 2. Brooks Harlan(13), 18:12.1; 3. Cory Fleeman(13), 18:49.4

Mens 5K 2016

MEN'S 5k 10-U

FIN	NAME	RESULTS
1.	Cayden Lusch (10)	28:23.3
2.	Brady Crane (9)	35:45.9
3.	Hayden Hanson (7)	44:03.4

MEN'S 5k 11-14

FIN	NAME	RESULTS
1.	Cooper Chamberlain (14)	20:41.1
2.	Jared. Brothers (14)	20:51.8
3.	Carson True (11)	21:18.1
4.	Brendan Phillips (12)	22:48.1
5.	Blake Lammers (11)	22:56.8
6.	Rylan Crane (12)	22:59.7
7.	Carter Mayer (12)	23:25.6
8.	Blake Nehrt (13)	28:51.5
9.	Michael Redman (12)	30:36.0
10.	Nicholas Hanson (13)	39:11.5
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MEN'S 5k 15-19

FIN	NAME	RESULTS
1.	Gavin Cass (16)	19:39.2
2.	Nick Whritenour (18)	22:57.6
3.	Hunter Pollock (16)	23:23.4
4.	Augusto Vidalle (17)	23:28.6
5.	Matt Williams (18)	24:04.4
6.	Colton Albers (17)	24:31.0
7.	Matt Zelasko (18)	25:05.9
8.	Dawson Berry (17)	25:23.0
9.	Kaleb Meyer (16)	25:33.0
10.	Nolan Beggs (17)	25:50.0

12. 13. 14.	Sean Cary (18) Thomas Armer (17) Josh Hoh (16) Jake Brothers (18) Austin Johnson (16)	2016 L4L Men 25:50.8 25:53.6 32:04.1 34:17.5 34:18.0
1. 2.	NAME Paul Jensen (20) Jake Holtkamp (22) Tyler Bruce (20)	MEN'S 5k 20-24 RESULTS 22:12.6 30:03.9 30:05.7
2. 3.	NAME Kyle Walker (29) Kent White (25) Justin Enriquez (27) Jordan Coffey (28) Tyson Coffey (25)	MEN'S 5k 25-29 RESULTS 20:55.2 24:39.6 28:15.1 47:30.6 47:31.8
6.	• • • •	MEN'S 5k 30-34 RESULTS 22:06.3 24:21.4 25:49.1 26:10.5 27:46.8 44:03.8 53:58.3
FIN 1. 2. 3.	NAME Cory Crane (36) Kevin Pryor (38) Luke Phillips (38)	MEN'S 5k 35-39 RESULTS 23:46.4 23:50.3 25:27.2

2016 L4L Men 26:04.5

4. Nick Haake (37)

MEN'S 5k 40-44

FIN	NAME	RESULTS
1.	Jason McKinney (42)	23:56.4
2.	Bart Toennies (44)	34:23.0
3.	Tim Staley (44)	39:04.3

MEN'S 5k 45-49

FIN	NAME	RESULTS
1.	Stephen Krenz (47)	22:21.5
2.	Glen Saeger (45)	22:27.9
3.	Richard Santiago (46)	22:46.1
4.	Brady Barry (48)	25:14.3
5.	Sean Nehrt (45)	26:14.5
6.	Jay Luse (49)	26:49.7
7.	Scott Lynn (45)	33:30.2
8.	Rich Davis (48)	42:23.6
9.	Jeff Brothers (46)	44:44.1

MEN'S 5k 50-54

FIN	NAME	RESULTS
1.	Michael Crouch (53)	22:14.5
2.	Gary Hake (54)	24:11.5
3.	Jim Martin (52)	25:00.5
4.	David Mattmiller (51)	25:14.7
5.	Webb Eastham (52)	25:17.8
6.	Charles. Wiley (52)	43:46.6

MEN'S 5k 55-59

FIN	NAME	RESULTS
1.	Pete Orr (54)	24:27.6
2.	Dan Dobbs (55)	24:41.0
3.	Dave Klein (55)	25:56.9
4.	Kevin Childers (58)	30:37.4
5.	David Albers (59)	31:06.2

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		2016 L4L Men
6.	Bob Yardley (57)	47:26.6
7.	Jeff Ballantyne (59)	51:28.7

MEN'S 5K 60-A

FIN	NAME	RESULTS
1.	Roy Haake (68)	25:34.3
2.	Denny Wuehler (70)	26:22.7
3.	Perry Schefelker (68)	32:08.9
4.	John Barr (64)	36:52.4
	Larry Shook (61)	44:00.1
	Randall Hill (72)	48:30.4
	Pat Hodges (61)	50:01.4
	Don Walker (61)	53:11.9